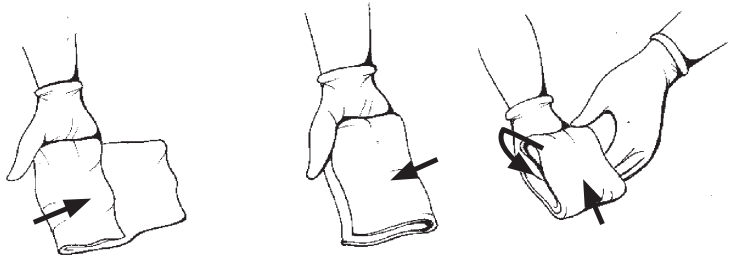
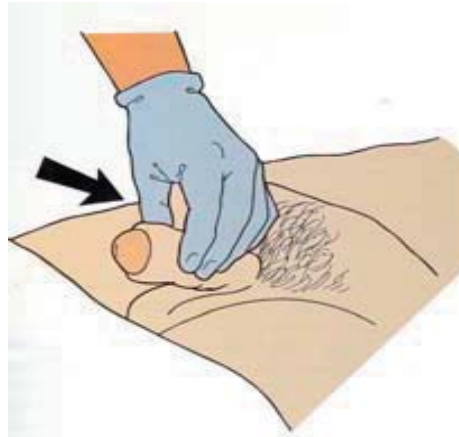


CLEANING MALE CLIENT

Counselling Card



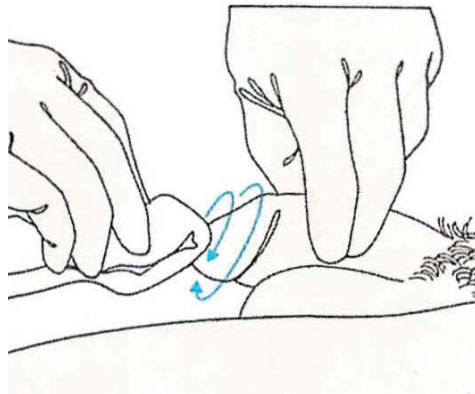
- Make mitt from clean cotton cloth
- Use different area of the damp mitt for each stroke when cleaning penis.



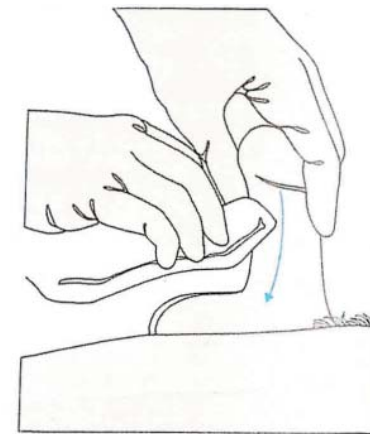
- Pull back foreskin of uncircumcised penis.



- Clean head of penis.
- Start at hole where urine comes out and sweep away from hole.



- Return foreskin to normal position.
- Clean outside of foreskin with circular motion.



- Clean shaft of penis.
- Pat dry with clean, dry cloth.

Counseling Card 10: How to Provide Perineal Care

Small doable actions for how to provide perineal care:

1. Ensure privacy of the client
2. Wash your hands with soap and water
3. Wear the gloves or festas
4. Clean the perineal area, *as shown in visuals*
5. Turn the bed bound person to the side
6. Clean the anal area, always wiping front to back away from the anus
7. Change the bed sheet and clothes and place the bed bound person in a comfortable position and cover him/her
8. Soak, wash, and dry stained bed sheet and clothes
9. Wash your hands with soap and water